

# YOGA LIFE

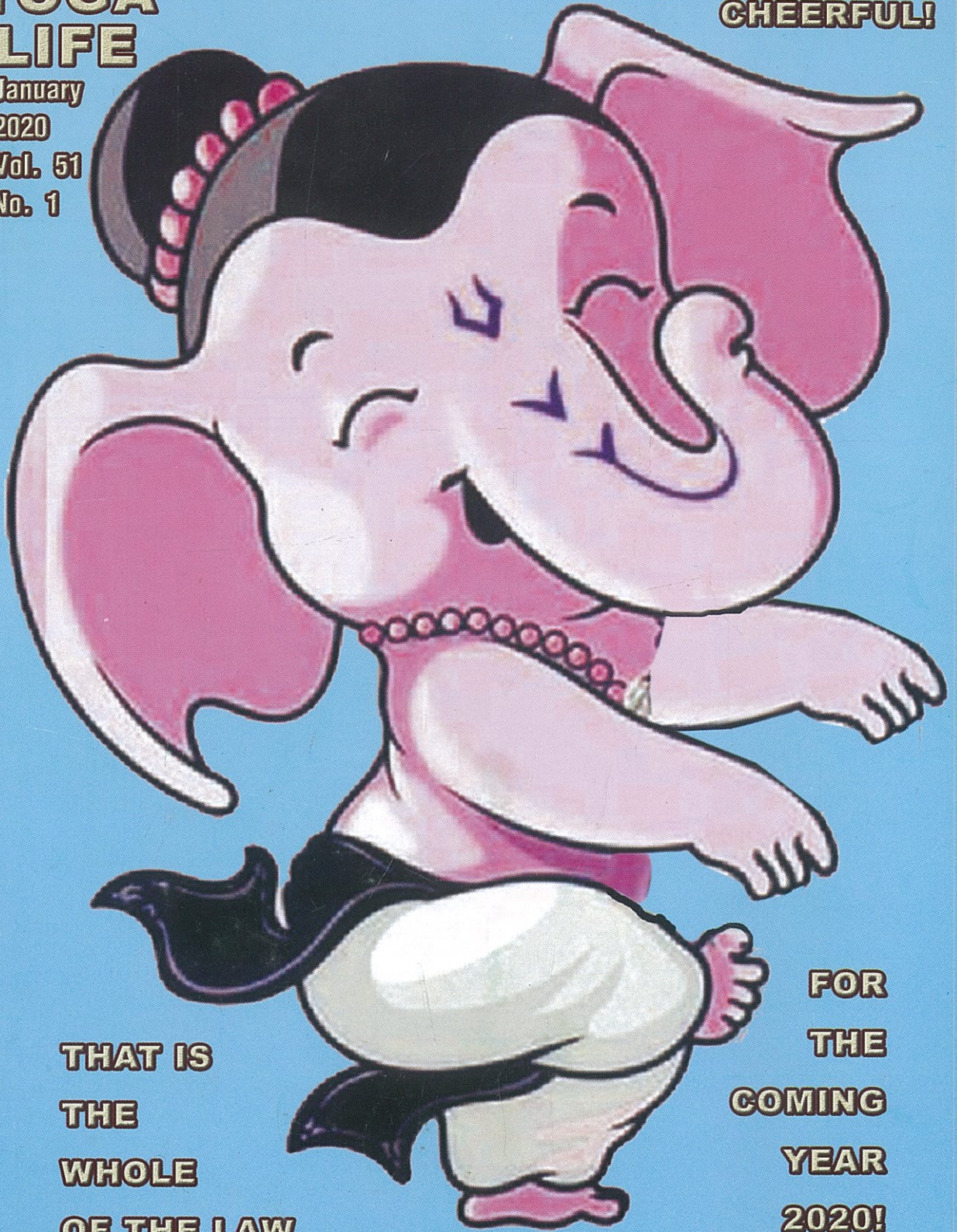
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BE ALWAYS  
CHEERFUL!



THAT IS  
THE  
WHOLE  
OF THE LAW

FOR  
THE  
COMING  
YEAR  
2020!